FRIDAYS

ESOL **9.30 - 11.30 am**
FREE !
(English for Speakers of Other Languages)
Term times only, just turn up.

Tai Chi **11.00 - 12.30 pm**
£3.00 per session
Tai Chi is a very low impact health and relaxation art that helps to release and ease tension from tired muscles and joints.

Social Dancing **8.00 - 10.30 pm**
£4.00 per session
Ballroom tuition followed by social dancing. You do not have to have a partner to accompany you. Bring your own drinks.

We require volunteers to help in the Shop & Café

If you are interested, please call in for a Volunteer Application Form. We can cover expenses, provide support and training and many people find volunteering allows them to meet new friends and improves their chances of finding employment.

Lonsdale Community Shop

Monday to Friday **9.00 am - 4.00 pm**
Saturday **10.00 am to 3.00 pm**

Come in and grab a bargain!

Wanted! Your old Clothes, Bric-a-Brac, CD's, DVD's, Electricals, Soft Toys, Shoes & Handbags.

Newington Neighbourhood Plan

The Newington Neighbourhood Plan is a plan for the Anlaby Road area of the Newington ward which will enable the local community to have more say in the development of their neighbourhood.
If you would like to get involved and have ideas of your own for the area then please contact us for full details.

the Tudor trust

Lonsdale Community Centre

Activities

2019

BIG LOTTERY FUND

LOTTERY FUNDED

Lonsdale Community Centre

8 Lonsdale Street
Hull, HU3 6PA
Phone (01482) 564691
Fax (01482) 504691
E-mail: office@lonsdalecc.org.uk
Web: www.lonsdalecc.org.uk

MONDAYS

Card Making Group 10.00 am - 12.00 noon
£2.00 per session
This is an informal group that meet every week to socialise and share card making skills.

Computer Access 10.00 am - 2.30pm
Free computer access for job seekers.

Latin Line Dancing 11.00 am - 12.00 noon
£3.00 per session
This group is open to all ability levels and is lower impact than the more strenuous line dancing.

Drama Group 7.00 - 9.00 pm
£2.00 per session
The Chameleon Players are a long established amateur dramatic group that rehearse and put on performances regularly in the city centre.

Line Dancing 7.30 - 9.30 pm
£4.00 per session
A very popular line dancing group suitable for all abilities with no need to have a dance partner to accompany you!

Fertility Group Hull 6.00 - 7.30 pm
A support group for anyone experiencing fertility issues. Just turn up!
First Monday of the month
(Second Monday if the first is a bank holiday)
Free!

TUESDAYS

Knit 'n Natter (Free!) 10.00 am - 12 noon
Can you knit, crochet, or cross stitch? Or would you like to learn how? If so why not join us?

Computer Access 10.00 am - 2.30 pm
Free computer access for job seekers.

Over 50's Computer Club 12 noon - 2.00 pm
£2.00 per session
One to one support and learning on all aspects of computers in a comfortable space.

Sew it All
10.00am to 12.00pm & 1.00 to 3.00 pm
'Sew it All' is a Lottery funded 10 week course offering you the opportunity to make, mend or refashion your clothes, soft furnishings such as curtains & cushions or indeed try your hand at any other fabric based project you have in mind. The two courses in the morning and afternoon are the same course although some people choose to attend both of them!
The course fees are only £15 for the full course
Booking essential.
£15 for 10 weeks. Call for start dates.

Lonsdale Recreation Club 1.00 to 3.00 pm
This is a new social group for older people who may feel isolated and want to get out of the house and meet up with others. There is a range of games and activities. No need to book, just turn up!
£1.00 per session

Children's Dance Class 5.30 - 6.30 pm
£2.00 per session
Ballroom & Latin dance classes for children from 3 years upwards.

WEDNESDAYS

Art Group 9.00 am - 1.00 pm
£3.00 per session
A long established group led by a volunteer who paint in both oil and watercolours.
New members welcome , just come along!

Indoor Market 9.00 am - 12.30 pm
A selection of cards, books and products for sale.

Computer Access 10.00 am - 2.30 pm
Free computer access for job seekers.

THURSDAYS

Drama Group 7.30 - 9.30 pm
£2.00 per session
The Chameleon Players are a long established amateur dramatic group that rehearse and put on performances regularly in the city centre.

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