THURSDAYS (P.M.)

Community Fabric **1pm to 3pm**
Creative support and skill sharing opportunities in therapeutic textile arts and crafts. **Free!**

Drama Group **7.00 - 9.00 pm**
£2.00 per session
The Chameleon Players are a long established amateur dramatic group.

FRIDAYS

ESOL - English for Speakers of Other Languages
9.30am to 11.30am
Term times only, just turn up. **FREE !**

Tai Chi **11.00 - 12.30 pm**
Tai Chi is a very low impact health and relaxation art that helps to release and ease tension from tired muscles and joints.
£5.00 per session (First session Free!)

REACH **10.00am to 3.00pm**
Romanian Support Group
Drop in access

SATURDAYS

Tri Colour Kids Club **9.30am to 1.00pm**
Lithuanian Culture & Language Project for Lithuanian children and young people.

Party Bookings

We can cater for children's and adults parties on evenings and weekends depending on availability. Please call us to enquire on (01482) 564691

Lonsdale Community Shop

Monday to Friday **9.00 am - 4.00 pm**
Saturday **10.00 am to 3.00 pm**

Come in and grab a bargain!

Wanted!

Your old Clothes,
Bric-a-Brac, CD's, DVD's, Electricals, Soft Toys, Shoes & Handbags.
We also need your used carrier bags!

We require volunteers to help in the Shop

We can cover expenses, provide support and training and many people find volunteering allows them to meet new friends and improves their chances of finding employment.

Newington Neighbourhood Plan

The Newington Neighbourhood Plan is a plan for the Anlaby Road area of the Newington ward which will enable the local community to have more say in the development of their neighbourhood.
If you would like to get involved and have ideas of your own for the area then please contact us for full details.
https://thenewingtonplan.co.uk

the Tudor trust

Lonsdale Community Centre

Activities

2023

BIG LOTTERY FUND

LOTTERY FUNDED

Lonsdale Community Centre

8 Lonsdale Street
Hull, HU3 6PA
Phone (01482) 564691
E-mail: office@lonsdalecc.org.uk
Web: www.lonsdalecc.org.uk

MONDAYS

Stay & Play **9.00am to 10.30am**
Soft play, children's musical instruments, puzzles & games. Tea, coffee & light refreshments. **Only £1**

Computer Room **10.00 am to 3.00 pm**
Free Access to computers and the internet Volunteer support when available.

Card Making Class **10.00 am - 12.00 noon**
This is an informal group that meet every week to socialise and share card making skills. **£3.00**

Latin Line Dancing **11.00 am - 12.00 noon**
£4.00 per session
This group is open to all ability levels and is lower impact than the more strenuous line dancing.

Kung-Fu **5.00pm to 6.00pm**
Shaolin Szu Sian Men (The Four Elements)
Shaolin Kung-Fu is a Chinese martial art that contributes to health, agility, stamina, and general well-being. **Donation only.**

Computer Maintenance Club
5.30pm to 7.30pm
Learn how to fix & maintain your computer. All aspects of computer hardware and software issues are covered. Bring in your Computer, laptop or tablet for an update and service! £5 per session. (Does not cover the cost of any parts that may be needed)

Drama Group **7.00 - 9.00 pm**
£2.00 per session
The Chameleon Players are a long established amateur dramatic group.

TUESDAYS

Lonsdale Community Café **9am to 2.30pm**
Drop in for a cuppa and a bite to eat, subsidised half priced meals every Tuesday!

Computer Room **10.00 am to 3.00 pm**
Free Access to computers and the internet Volunteer support when available.

Knit 'n Natter **10.00 am - 12 noon**
Can you knit, crochet, or cross stitch? Or would you like to learn how? If so why not join us? **Free!** Just turn up

EMS Hull Community Shop (HCS) Project
11.00am to 12.45pm
Supermarkets and food manufactures surplus produce available to all residents for a small donation.

Sew it All **10.00am to 12.00pm**
1.00am to 3.00pm
Our 'Sew it All' courses are Lottery funded 12 week courses offering you the opportunity to make, mend or refashion your clothes, soft furnishings such as curtains & cushions.
The course fees are £60 for the full 12 week course. (2 hours per week in the morning or afternoon) Booking is essential, next start date Tuesday September 19 2023.
Cost: £60 for 12 weeks.

Children's Dance Class **5.30pm to 6.30 pm**
Ballroom & Latin dance classes for children from 3 years upwards.
£2.00 per session

WEDNESDAY

Art Group **9.30am - 1.00pm**
Weekly lessons and your own ongoing drawing and painting projects in oils, watercolours and acrylic for all abilities. Just turn up!
New members welcome , just come along!
Only £3 .00 - First session free!

SmokeFree Hull **9.30am to 12.30pm**
Free products, advice and support to help you stop smoking for good! Ready to stop smoking? We're here for you.

Computer Room **10.00 am to 3.00 pm**
Free Access to computers and the internet Volunteer support when available.

Old Fashioned Jumble Sale **10am to 1.30pm**
(First Wednesday of the Month)
Grab a bargain! Clothes, shoes, books, DVD's CD's, Cards, gifts & Tombola.

Yo-Go Girls **6.00pm to 7.00pm**
Yoga Group - Expand yourself!
Donations welcome. **Just turn up!**

THURSDAYS (A.M.)

Yo-Go Girls **10.00am to 11.00am**
Mixed Yoga Group - Expand yourself!
There is no cost for this group however donations are welcome. **Just turn up!**

Card Making Class **10.00 am - 12.00 noon**
This is an informal group that meet every week to socialise and share card making skills. **£3.00**

Computer Room **10.00 am to 3.00 pm**
Free Access to computers and the internet Volunteer support when available.