

FRIDAYS

ESOL - English for Speakers of Other Languages
9.30am to 11.30am

Term times only, just turn up. **FREE !**

Tai Chi 11.00 - 12.30 pm

Tai Chi is a very low impact health and relaxation art that helps to release and ease tension from tired muscles and joints.

£5.00 per session (First session Free!)

REACH 10.00am to 3.00pm
Romanian Support Group - Drop in access
Romanian Dinner Club - 4pm to 7pm

SATURDAYS

Tri Colour Kids Club 9.30am to 1.00pm
Lithuanian Culture & Language Project for
Lithuanian children and young people.

The Traditional Punjabi Kitchen
Indian Cooking Club 11am to 2pm
Family friendly cooking and hot meal club.
Free! Just turn up.

Energy & Fuel Debt Advice

Tuesday & Wednesday mornings

Supported by Hull City Council & Ideal through
the Affordable Warmth Small Grants Fund

Party Bookings

We can cater for children's and adults
parties on evenings and weekends
depending on availability. Please call us to
enquire on (01482) 564691

Lonsdale Community Shop

Monday to Friday 9.00 am - 4.00 pm
Saturday 10.00 am to 3.00 pm

Come in and grab a bargain!

Wanted!

Your old Clothes,
Bric-a-Brac, CD's, DVD's, Electricals, Soft
Toys, Shoes & Handbags.
We also need your used carrier bags!

We require volunteers to help in the Shop

We can cover expenses, provide support and
training and many people find volunteering
allows them to meet new friends and
improves their chances
of finding employment.

Newington Neighbourhood Plan

The Newington Neighbourhood Plan is a plan for
the Anlaby Road area of the Newington ward which
will enable the local community to have more say in
the development of their neighbourhood.

If you would like to get involved and have ideas of
your own for the area then please contact us for full
details.

<https://thenewingtonplan.co.uk>

the
Tudortrust



Lonsdale Community Centre

Activities

2023



LOTTERY FUNDED



**Lonsdale
Community
Centre**

8 Lonsdale Street
Hull, HU3 6PA
Phone (01482) 564691
E-mail: office@lonsdalecc.org.uk
Web: www.lonsdalecc.org.uk

MONDAYS

Stay & Play 9.00am to 10.30am

Soft play, children's musical instruments, puzzles & games & Free children's books!.

Only £1

Computer Room 10.00 am to 3.00 pm

Free Access to computers and the internet
Volunteer support when available.

Card Making Class 10.00 am - 12.00 noon

This is an informal group that meet every week to socialise and share card making skills. **£3.00**

Latin Line Dancing 11.00 am - 12.00 noon

£4.00 per session

This group is open to all ability levels and is lower impact than the more strenuous line dancing.

Kung-Fu 5.00pm to 6.00pm

Shaolin Szu Sian Men (The Four Elements)

Shaolin Kung-Fu is a Chinese martial art that contributes to health, agility, stamina, and general well-being. **Donation only.**

Computer Maintenance Club

5.30pm to 7.30pm

Learn how to fix & maintain your computer. All aspects of computer hardware and software issues are covered. Bring in your Computer, laptop or tablet for an update and service! £5 per session. (Does not cover the cost of any parts that may be needed)

Drama Group 7.00 - 9.00 pm

£2.00 per session

The Chameleon Players are a long established amateur dramatic group.

TUESDAYS

The Warm Welcome Lunch Club

10.30am to 1.30pm

You are invited to enjoy a free hot meal, hot drinks and good company!

Computer Room 10.00 am to 3.00 pm

Free Access to computers and the internet
Volunteer support when available.

Knit 'n Natter 10.00 am - 12 noon

Can you knit, crochet, or cross stitch? Or would you like to learn how? If so why not join us?

Free! Just turn up

EMS Hull Community Shop (HCS) Project

11.00am to 12.45pm

Supermarkets and food manufactures surplus produce available to all residents for a small donation.

Sew it All 10.00am to 12.00pm

1.00am to 3.00pm

Our 'Sew it All' courses are Lottery funded 12 week courses offering you the opportunity to make, mend or refashion your clothes, soft furnishings such as curtains & cushions. The course fees are £60 for the full 12 week course. (2 hours per week in the morning or afternoon) Booking is essential, next start date Tuesday January 9 2024.

Cost: £60 for 12 weeks.

Children's Dance Class 5.30pm to 6.30 pm

Ballroom & Latin dance classes for children from 3 years upwards.

£2.00 per session

WEDNESDAY

Art Group 9.30am - 1.00pm

Weekly lessons and your own ongoing drawing and painting projects in oils, watercolours and acrylic for all abilities. Just turn up!

New members welcome , just come along!

Only £3 .00 - First session free!

SmokeFree Hull 9.30am to 12.30pm

Free products, advice and support to help you stop smoking for good! Ready to stop smoking? We're here for you.

Computer Room 10.00 am to 3.00 pm

Free Access to computers and the internet
Volunteer support when available.

Jumble Sales 10am to 1.00pm

1 & 15 November & 6 & 13 December

Clothes, shoes, books, DVD's CD's, Cards, gifts & a selection of FREE Winter Clothing.

THURSDAYS

Card Making Class 10.00 am - 12.00 noon

This is an informal group that meet every week to socialise and share card making skills. **£3.00**

Computer Room 10.00 am to 3.00 pm

Free Access to computers and the internet
Volunteer support when available.

Community Fabric 1pm to 3pm

Creative support and skill sharing opportunities in fabric arts and crafts. **Free!**

Drama Group 7.00 - 9.00 pm

£2.00 per session

The Chameleon Players are a long established amateur dramatic group.